



# Sakku Mens Healing On-The-Land Application



## About the Program

The Sakku Men's Wellness Land Program is a land-based cultural and wellness initiative developed to support Inuit men through cultural revitalization, knowledge sharing, and capacity building. The program provides targeted programming for Inuit men by creating opportunities for intergenerational knowledge transfer, particularly between experienced hunters and younger participants. Through hands-on land-based activities, survival and hunting skills training, language use, and facilitated discussions, participants strengthen their cultural identity, leadership skills, and personal resilience. The program supports healing through direct and indirect methods, promotes Inuit value and respect, and encourages participants to contribute positively to their families, host communities, and home communities.

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## Who Can Apply

Applicants must:

- Be a Qikiqtani Inuit member living in the Qikiqtani region
- Be **18 years or older** and listed on the NTI enrolment list
- Be Inuit male participants

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## How to Apply



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Applications can be submitted: online, in person, by phone, or on paper.

**Deadline:** March 30, 2026

**Online Application:**

**Email, phone, or mail:**

- **Email:** IDW@QIA.ca
- **Phone:** 867-975-8372

**Mail:**

Qikiqtani Inuit Association  
200-922 Sivumugiaq Street  
Iqaluit, Nunavut X0A 3H0

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Legal Name: \_\_\_\_\_ Mailing Address: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

NTI Enrolment: \_\_\_\_\_

1. How would participation in this program support your personal well-being?

\_\_\_\_\_  
\_\_\_\_\_

2. How would time on the land be beneficial to you?

\_\_\_\_\_  
\_\_\_\_\_

3. Are there any specific subjects or activities that you are interested in learning?

\_\_\_\_\_  
\_\_\_\_\_

4. Do you feel ready to engage in a wellness-focused program?      Yes      No

5. Are you available from June 6<sup>th</sup> to June 13<sup>th</sup>, 2026?      Yes      No

6. Are you able to provide your own outdoor camping gear for overnight land-based activities? (warm clothing, sleeping bag, camping essentials, etc)      Yes      No



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I have read and agree to the above reporting requirements.

I am applying for Sakku Men's Healing Program administered by the Qikiqtani Inuit Association (QIA). To the best of my knowledge, all of the statements or information in this application are true. I understand that any false or misleading information will result in my application being denied from QIA.

I give permission to QIA to collect and use my personal information related to this application and to make inquiries needed to evaluate this application.

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